

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: ZCK

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Den Broeck Dennis

Coaches: Van Den Broeck Michaël

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 100M BREASTSTROKE WOMEN Heat:4, starttime: 09:35

Heat: 4/8 Lane : 7 Athlete: VAN DEN EEDE OLIVIA Q-time: 01:19:84

PB (50m pool): 01:19.84 Aalst 11/05/2025 PB (25m pool): 01:16.60 SB: 01:20.16 Antwerpen 22/03/2026

	5 0 M	1 0 0 M	
PB	00:37.55	01:19.84	
	00:37.55	00:42.29	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN Heat:8, starttime: 10:05

Heat: 8/8 Lane : 1 Athlete: DALEMANS LYN Q-time: 00:28:90

PB (50m pool): 00:28.90 Antwerpen 27/07/2025 PB (25m pool): 00:28.98 SB: 00:29.45 Antwerpen 22/03/2026

	5 0 M	
PB	00:28.90	
	00:28.90	
		

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN Heat:1, starttime: 10:17

Heat: 1/4 Lane : 6 Athlete: GEENS AMÉLIE Q-time: 02:30:82

PB (50m pool): 02:30.58 ANTWERPEN 23/07/2023 PB (25m pool): 02:26.55 SB: 02:31.08 Antwerpen 22/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:30.58	
	no time				
					

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN			Heat:8, starttime: 10:54
Heat: 8/9 Lane : 8 Athlete: DALEMANS LYN			Q-time: 00:59:03
PB (50m pool): 00:59.03 Antwerpen 27/07/2025			PB (25m pool): 00:58.38 SB: 00:59.73 Lago Gent Rozebroeken 03/05/2026
	5 0 M	1 0 0 M	
PB	00:28.57	00:59.03	
	00:28.57	00:30.46	
			

Coach feedback: